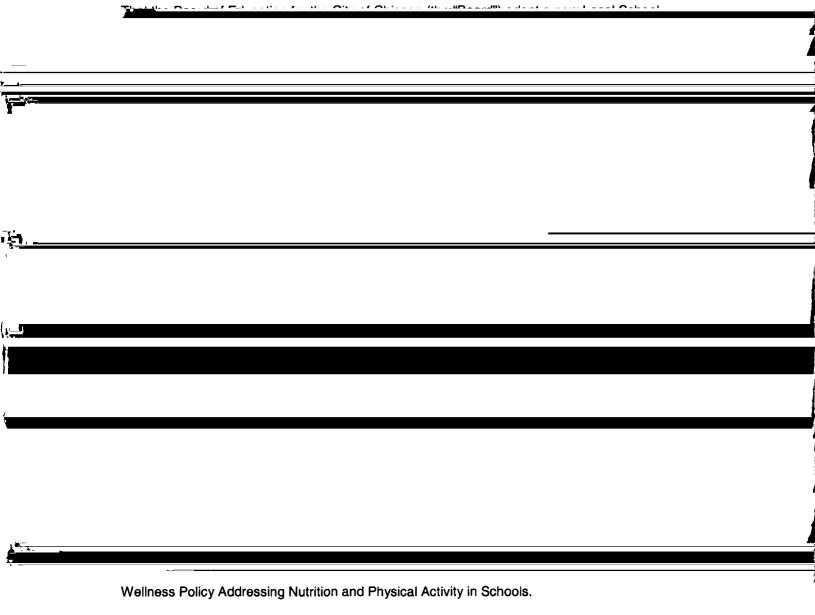
DRAFT

06-0726-P01

July 26, 2006

ADOPT A NEW LOCAL SCHOOL WELLNESS POLICY ADDRESSING NUTRITION AND PHYSICAL ACTIVITY IN SCHOOLS

THE CHIEF EXECUTIVE OFFICER RECOMMENDS:



POLICY STATEMENT:

The Board recognizes the relationship that exists between academic achievement and access to best practice and evidence-based nutrition, health promotion and disease prevention programs and services. Accordingly, this policy reflects the Board's commitment to address barriers to learning through health promotion and disease prevention activities; these activities are designed to improve the quality of life for students attending the Chicago Public Schools and to decrease

participants perspire and breathe hard. Movement activities for ≥ 20 minutes that do make Vigorous: participants perspire and breathe hard. Physical Education: Physical education is a planned, sequential, curriculum (k-12) that provides connitive easternt, and learning everinness in a serious of activity areas, such as basic movement skills; physical fitness; rhythm and dance; games; team, dual, and individual sports; tumbling and gymnastics; and aquatics. 11. **SCOPE OF THE POLICY** All CPS schools shall make a reasonable effort to address goals for nutrition education, follow nutrition guidelines for all foods available on school property and foster physical activity and other school-based activities designed to promote good health and reduce obesity by offering programming to students. All CPS schools shall also However, no student whose parents or

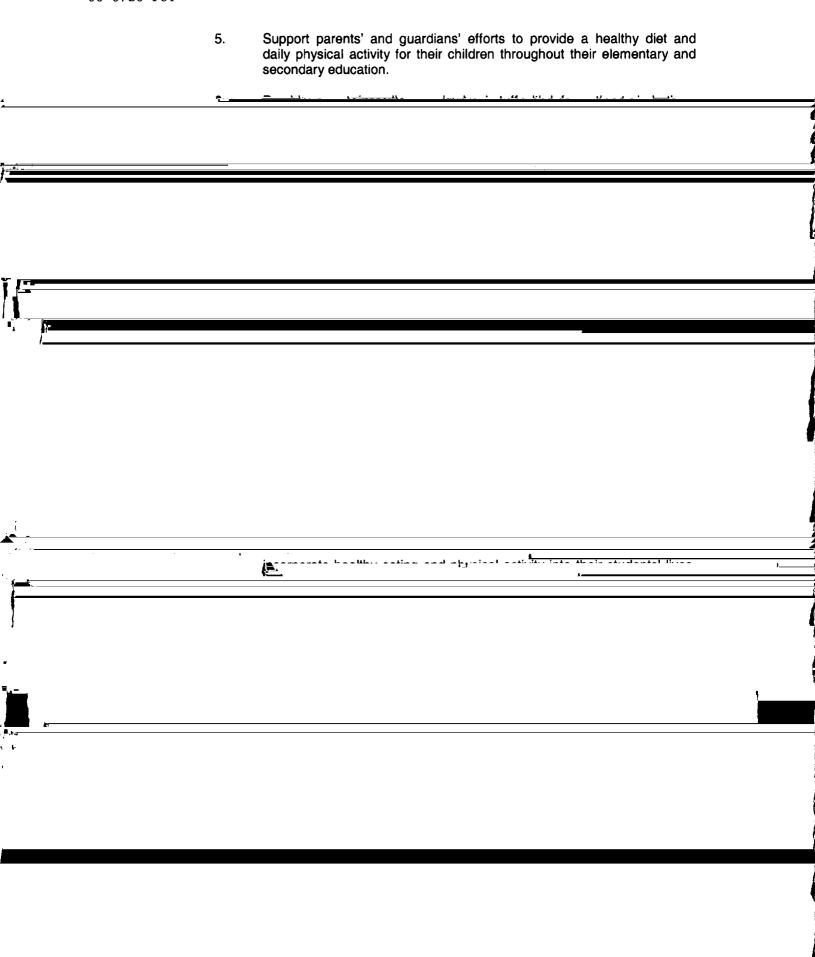
measurement of growth in the number of high schools using a properly aligned evidence-based nutrition education curriculum over time. (2) CPS shall monitor the use of such curriculum in high schools and design programming aimed at increasing the number of high schools that utilize a properly aligned 2 All CBS cahoole shall make a reasonable offert to address the follow

A baseline standard shall be developed to enable

(1)

	1.	Applicable federal regulations regarding all aspects of the National School Lunch Program, the National School Breakfast Program, and all other federally funded CPS food service programs
	2.	Applicable Illinois law that regulates the service or sale of foods and
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	3.	Food safety and security guidelines for all foods made available on campus
	4	Beard policy concerning the apprehium of appel, you disp problems. Desire
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	θ.	Exhibits responsible personal and social behavior that respects self and others in physical activity settings.
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3.	Maxim	nize classroom time by integrating physical activity into lesson
	plans	of other school subjects including math, science, language arts, family and consumer science, and social sciences.
* <u>*</u>		- · · · · · · · · · · · · · · · · · · ·
4.	Increa	se the number of students who engage in continuous physical



The Chief Executive Officer or designee shall be charged with the operational responsibility for ensuring that each school meets the local wellness policy requirements. Such operational responsibility shall include: Developing guidelines and other materials that assist central office staff and schools with implementation of the policy and improve programming functions. Such a document(s) should be reviewed at least once every two years and updated as appropriate. Receiving reports and feedback_from individual schools on

implementation of the policy;

- Reviewing and assessing district wide implementation of the Local School Wellness Policy;
- Recommending amendments to the Local School Wellness Policy, as necessary;
- Providing reports to the Board as to the district and individual school compliance with the Policy.
- 2. Local School Oversight

- Minimum High School Graduation Requirements, 03-1022-PO2
- Illinois Learning Standards Policy, 03-0924-PO2
- Physical Education for Students Enrolled in Grades 11 and 12, 86-0806-ED3
- Family Life and Comprehensive Sexual Health Education, 06-0426-PO4

LEGAL REFERENCES: Child Nutrition and WIC Reauthorization Act, 42 U.S.C. §1751; Illinois School Code, 105 ILCS 5/2-3.137.

	Approved for Consideration:	Respectfully Submitted:	
	Barbara Eason-Watkins Chief Education Officer	Arne Duncan Chief Executive Officer	
	<u>Moted.</u>	Annroved as to Legal Form:	
<u> </u>	-		
	John Maiorca Chief Financial Officer	Patrick Rocks General Counsel	